

Veterans of Foreign Wars Auxiliary
Department of Wisconsin
Veterans and Family Support Bulletin
November, 2024

www.vfwauxwi.org



November 11th 2024 is Veterans Day. Remember: when we support Veterans (men/women), we support their families too whether married or single parent. There are several resources for Veterans and women veterans and their families, including VA programs, nonprofit organizations, and other resources. There are plenty of educational resources for Veterans, and women Veterans. *Set up a table display, word of mouth, thank you board listing all the details of what we are thankful for, community boards, ad in newspaper, VFW Posts, radio announcement, plan a veteran of the month and offer a treat basket, gas car and more. **Plan an event for mental health awareness and suicide prevention.** Educate Women veterans on VA programs and child care programs for working veterans:*

- **Women Veterans Call Center:** *Call 855-829-6636* to get help with finding resources, enrolling in VA health care, child care, etc. Women Veteran Program Managers are Located at each VA medical center, these professionals can advise, advocate, and coordinate care and provide assistance on benefits and child care for working veterans.
 - **Evidence-based psychotherapies:** VA medical centers offer a variety of psychotherapies to treat mental health conditions. VA also offers mental health care tailored to women Veterans. **Please let me know if you would like the Networking list of support groups for Women Veterans.**
 - Women veterans need to know there are VA benefits which include personalized, comprehensive health care such as routine check-ups, cancer screening, birth control, mammograms, maternity care, and more.
- **National VA Call Center for Homeless Veterans War Vet Call Center** - * A resource for all Veterans transitioning from military to civilian life. You can call the **War Vet Call Center at (877) 927-8387.**
- **Real Warriors** - A program that provides information to all Veterans, and resources about psychological health, PTSD, and traumatic brain injury, rape, assault, and more.
- Thank a veteran, hug or shake his/her hand, visit a veteran, offer to take a veteran out or do lawn care, sit and listen to a veteran tell his story, play cards with a veteran, **pay for mental health copay, plan an event for mental health and recovery, babysit for Families of veterans, offer diapers for their babies & Veterans,** assist with computer, transportation, etc. *Community members flock to displays on mental health for veterans.*

From our Roots to our Branches Extending Service to our Veterans as we are “Honoring Veterans Together”

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